

Ski Alpin

Alpin	K (Kids/Juniors) 4-12	Alpin - Skiing Kids	Trainings ground	
A	K1	Beginners from 4 years	Kinderland	green
A	K2	Plow - safe braking	Kinderland	green
A	K3	Plow turning - drive curves safely	easy	blue
A	K4	Plow control with active twisting	easy	blue
A	K5	Parallel turning - long radii	moderate	red
A	K6	Parallel turning - short radii	moderate	red
A	K7	Carving long & short radii	moderate	red
A	K8	Freeriding	advanced	black

Alpin	T (Teens) 13-18	Alpin - Skiing Teens	Trainings ground	
A	T1	Beginners - first day	beginners slope	blue
A	T2	Plow turning - drive curves safely	easy	blue
A	T3	Plow control with active twisting	easy	blue
A	T4	Parallel turning - long radii	moderate	red
A	T5	Parallel turning - short radii	moderate	red
A	T6	Carving long & short radii	moderate	red
A	T7	Freeriding	advanced	black

Alpin	E (Adults) 18 <	Alpin - Skiing Adults	Trainings ground	
A	E1	Beginners - first day	beginners slope	blue
A	E2	Plow turning - drive curves safely	easy	blue
A	E3	Plow control with active twisting	easy	blue
A	E4	Parallel turning - long radii	moderate	red
A	E5	Parallel turning - short radii with pole insert	moderate	red
A	E6	Carving long & short radii	moderate	red
A	E7	Freeriding	advanced	black