

Mount Action Ski & Snowboardschule
classification skill levels

Alpine Skiing

Alpine	K (Kids/ Juniors) 4-12	Alpine - Skiing Kids	Trainingground	
A	K1	Beginners from 4 years	Kinderland	green
A	K2	Plow - safe braking	Kinderland	green
A	K3	Plow turning - drive curves safely	easy	blue
A	K4	Plow control with active twisting	easy	blue
A	K5	Parallel turning - long radii	moderate	red
A	K6	Parallel turning - short radii	moderate	red
A	K7	Carving long & short radii	moderate	red
A	K8	Freeriding	advanced	black

Alpine	T (Teens) 13-18	Alpine - Skiing Teens	Trainingground	
A	T1	Beginners - first day	beginners	blue
A	T2	Plow turning - drive curves safely	easy	blue
A	T3	Plow control with active twisting	easy	blue
A	T4	Parallel turning - long radii	moderate	red
A	T5	Parallel turning - short radii	moderate	red
A	T6	Carving long & short radii	moderate	red
A	T7	Freeriding	advanced	black

Alpine	E (Adults) 18 <	Alpine - Skiing Adults	Trainingground	
A	E1	Beginners - first day	beginners	blue
A	E2	Plow turning - drive curves safely	easy	blue
A	E3	Plow control with active twisting	easy	blue
A	E4	Parallel turning - long radii	moderate	red
A	E5	Parallel turning - short radii with pole insert	moderate	red
A	E6	Carving long & short radii	moderate	red
A	E7	Freeriding	advanced	black

Snowboard

Snow-board	K (Kids/ Juniors) 4-12	Snowboard Kids	Trainingground	
S	KA	Beginner	beginners area	blue
S	KF	Advanced	moderate	red
S	KM	Experts	difficult	black

Snow-board	T (Teens) 13-18	Snowboard Teens	Trainingground	
S	TA	Beginner	beginners area	blue
S	TF	Advanced	moderate	red
S	TM	Experts	difficult	black

Snow-board	E (Adults) 18 <	Snowboard Adults	Trainingground	
S	EA	Beginner	beginners area	blue
S	EF	Advanced	moderate	red
S	EM	Experts	difficult	black

Cross Country Skiing

Cross Country	K (Kids/ Juniors) 4-12	Cross Country Kids	Trainingground	
LL	KA	Beginner	beginners	blue
LL	KF	Advanced	moderate	red
LL	KM	Experts	difficult	black

Cross Country	T (Teens) 13-18	Cross Country Teens	Trainingground	
LL	TA	Beginner	beginners	blue
LL	TF	Advanced	moderate	red
LL	TM	Experts	difficult	black

Cross Country	E (Adults) 18 <	Cross Country Adults	Trainingground	
LL	EA	Beginner	beginners	blue
LL	EF	Advanced	moderate	red
LL	EM	Experts	difficult	black